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Improvement Idea Winner

By Scott Wagner, Plant Mgr.

Congratulations! Derek McAlarney, an Inspector in Quality Control on the “A” shift, is the Improvement Idea winner for the month of September.



Derek’s idea is to install air hose reels for the heavy grinder and the polisher used in the Inspection area. The hoses are a tripping hazard when they are in use and lying on the ground. They also get walked on and this can cause damage to the hoses. The hose reels could be mounted above the work areas and retracted when not in use.

A total of 9 improvement ideas were submitted in the month of September. Others contributing ideas were **Brian Wingate**, with 3 ideas, and **Chuba Blaze, Nancy Gardner, Cory Hunter, Evelyn Chmielewski, and Nathan Hamilton**, with 1 idea each. Thank you, everyone, for letting us know your ideas for improvements here at Rex.

The next Improvement Idea spin will be held on Monday, October 29, at 3:10 PM in the Induction area. Derek will be drawing the name of one lucky employee for the “Employee Appreciation” spin. It could be you!

If you have an idea for an improvement here at Rex, write it down and put it in the box outside of the door to the Production office. Your idea could win you a spin on the Rex Wheel of Chance!

Happy Halloween

Free Coffee Day!

To celebrate those employees with Birthdays in October (see Birthday Listing on page 3), there will be **free coffee** from the vending machine starting early AM on October 29th through early AM on October 30th. ENJOY!

HAPPY BIRTHDAY TO ALL!

Monthly Winners

By Scott Wagner, Plant Mgr.

Our Improvement Idea winner for the month of August was **Gregory Smith**, a Furnace Operator in the 100 Group on “A” shift. Greg, along with Vindon Griffin Jr. and Derek McAlarney, who also put in improvement ideas in August, received a “Thank You” pin and a \$5 lottery ticket.



Greg Smith (left), the Improvement Idea winner, is congratulated by Scott Wagner, Plant Manager.

Before he took his spin, we had Greg draw a name for the “Monthly Employee Appreciation” reward. That lucky winner was **Michael Davis**, an Electrician in our Maintenance Department. Mike won a reward of \$125 on his spin.

Out of all the correct guesses submitted for **The Rex Riddle**, one name was drawn to receive a \$5 instant lottery ticket. That winner was **Cory Hunter**.

Slips were drawn from a bucket that contained the names of all Rex employees. Greg drew 5 names and the winners each received a \$5 instant lottery ticket. Those 5 lucky winners of lottery tickets were **James Forbes, Vindon Griffin Jr., Nancy Gardner, Chris Kent, and Maria Monje**.

When **Greg** took his spin, he won a reward of \$150 plus 1/2 day vacation.

For refreshments everyone enjoyed an assortment of cookies, fresh apples, and free hot beverages from the vending machine.

Join us at the spin in October to see if your name is the one drawn for the Monthly Employee Appreciation reward—then you would have an opportunity to take a spin on the Rex Wheel of Chance!



Mike Davis (right), the Employee Appreciation winner, is congratulated by Scott Wagner, Plant Manager.



Scott Wagner, Plant Mgr., hands out “Thank You” pins and lottery tickets to Vindon Griffin Jr. and Derek McAlarney, who submitted improvement ideas in August.



Cory Hunter (left) was the Riddle winner.



Sid Hefflin (57 yrs.) and Adrian Rivera (4 yrs.) were on hand to receive their anniversary gifts from Scott Wagner. Also celebrating an anniversary were Lewis Natale (1 yr.) and Nancy Gardner (6 yrs.)



James Forbes, Vindon Griffin Jr., and Maria Monje were some of the lottery ticket winners.

Halloween Health and Safety Tips

For many people, autumn events like Halloween and Harvest Day are fun times to dress up in costumes, go trick-or-treating, attend parties, and eat yummy treats. These events are also opportunities to provide nutritious snacks, get physical activity, and focus on safety.

Below are tips to help make the festivities fun and safe for trick-or-treaters and party guests.

Going trick-or-treating?

S Swords, knives, and similar costume accessories should be short, soft, and flexible.

A Avoid trick-or-treating alone. Walk in groups or with a trusted adult.

F Fasten reflective tape to costumes and bags to help drivers see you.

E Examine all treats for choking hazards and tampering before eating them. Limit the amount of treats you eat.



H Hold a flashlight while trick-or-treating to help you see and others see you. Always WALK and don't run from house to house.

A Always test make-up in a small area first. Remove it before bedtime to prevent possible skin and eye irritation.

L Look both ways before crossing the street. Use established crosswalks wherever possible.

L Lower your risk for serious eye injury by not wearing decorative contact lenses.

O Only walk on sidewalks whenever possible, or on the far edge of the road facing traffic to stay safe.

W Wear well-fitting masks, costumes, and shoes to avoid blocked vision, trips, and falls.

E Eat only factory-wrapped treats. Avoid eating homemade treats made by strangers.

E Enter homes only if you're with a trusted adult.

N Never walk near lit candles or luminaries. Be sure to wear flame-resistant costumes.



Expecting trick-or-treaters or party guests?

☞ Provide healthier treats for trick-or-treaters such as low-calorie treats and drinks. For party guests, offer a variety of fruits, vegetables, and cheeses.

☞ Use party games and trick-or-treat time as an opportunity for kids to get their daily dose of 60 minutes of physical activity.

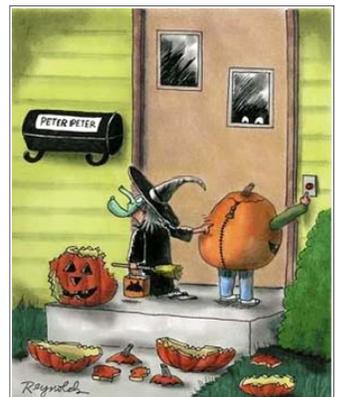
☞ Be sure walking areas and stairs are well-lit and free of obstacles that could result in falls.

☞ Keep candle-lit Jack-O'Lanterns and luminaries away from doorsteps, walkways, landings, and curtains. Place them on sturdy tables, keep them out of the reach of pets and small children, and never leave them unattended.

☞ Remind drivers to watch out for trick-or-treaters and to drive safely.

Follow these tips to help make the festivities fun and safe for everyone!

<http://www.cdc.gov/family/halloween/>



Happy Birthday

Employees celebrating a birthday in **October** are listed below. Let's wish them a happy day.

- 1 Sandy Zigon
- 2 Michael Townsend
- 9 Tim Plaughter
- 15 Johnathan Rex
- 22 Chris Kent
- 26 Andy Veneziale
- 26 Chuba Blaze

Yearly Work Anniversaries

The following employees are celebrating their Work Anniversaries in **October**

<u>1 to 5 Years</u>	<u>6 to 10 Years</u>	<u>Over 10 Years</u>
Nathan Hamilton	Yao Kangni Soukpe	Chris Constable (12)
		Bill Attieh (16)
		Chris Sholly (18)
		Kris Hunsicker (18)
		James Brough (24)



You will receive your annual gift at the monthly spin.

Did You Know?



There is probably no more famous supernatural story in America than that of the Bell Witch. For years, members of the Bell family were tormented by an unseen force almost daily. John Bell and his daughter Betsy were the ones who received the worst of the physical abuse—hair pulling, pinching, scratching, stuck with pins, and even beatings. There were several versions of who the Bell Witch was; however, the one that is told the most is that she was Kate Batts, a neighbor of the Bell family, who claimed she was cheated in a land deal with John Bell. On her deathbed she supposedly swore to haunt him and his descendants. The unseen force became known as "Kate" the "Bell's Witch". This is the story that many people believed, and it was even in the Guidebook of Tennessee that was published in 1933. When John Bell died on December 20, 1820, it was believed



he was poisoned by Kate. General Andrew Jackson, a future President, was also interested in the story of this spirit. Former president Andrew Jackson was quoted as saying "I had rather face the entire British Army than to spend another night with the Bell Witch" after he and some of his troops spent a night at the Bell's farm. The legend of the Bell Witch is part of Tennessee history and is still taught in schools today. The Bell Witch Cave was placed on the National Historical Registry by the United States Department of Interior in 2008. The land that the farm and the cave are on is the same land that the family lived on in northern Robertson County Tennessee in the early part of the 1800's. There are tours of the Bell farm and the Historic Bell Witch Cave given by the present owners.

A LITTLE HUMOR

A cab driver picks up a nun. She gets into the cab, and the cab driver won't stop staring at her. She asks him why he is staring and he replies, "I have a question to ask you, but I don't want to offend you."



She answers, "My dear son, you cannot offend me. When you're as old as I am and have been a nun as long as I have, you get a chance to see and hear just about everything. I'm sure that there's nothing you could say or ask that I would find offensive."

"Well, I've always had a fantasy to have a nun kiss me."

She responds, "Well, let's see what we can do about that: #1, you have to be single and #2, you must be a Catholic."

The cab driver is very excited and says, "Yes, I am single and I'm Catholic, too!"

The nun says, "OK, pull into the next alley." He does and the nun fulfills his fantasy. But when they get back on the road, the cab driver starts crying.

"My dear child," said the nun, "Why are you crying?"

"Forgive me sister, but I have sinned. I lied, I must confess. I'm married and I'm a Baptist."

The nun says, "That's okay. I am on the way to a Halloween party, and my name is Kevin."

Welcome Aboard!

Michael Townsend 600 Group
Alexander Rutkowski 600 Group

The Rex Riddle - #19 ?

A cheerful shape, a burial place,
 and you find me on Washington's back.

What am I?

To submit your guess for The Rex Riddle, take a slip out of the folder in the rack in the Production Office, fill it out, and drop it in the box outside of the Production Office door. Guesses will be taken until the morning of the monthly spin.

One name will be drawn from all the correct answers to receive a \$5 instant lottery ticket.

Can you figure out the riddle?

Answer to Last Month's Riddle

I have streets but no pavement.
 I have cities but no buildings.
 I have forests yet no trees.
 I have rivers yet no water.

What am I?

ANSWER: A map

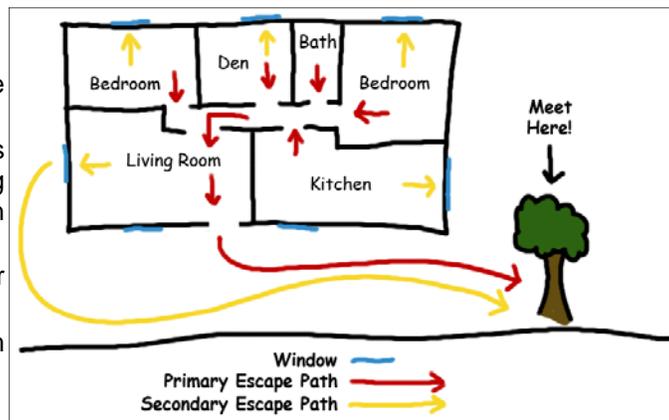
Fire Prevention Week—October 7 - 13

This year's fire prevention theme is **"Have 2 Ways Out!"** and focuses on the importance of having a **Home Fire Escape Plan** showing 2 ways out of every room and practicing that plan with every family member at least twice a year.

When fire strikes, your home could be engulfed in flames in a matter of minutes. What if your escape route is blocked by smoke or flames? Is there a second way to get out? Will your family know what to do?

A Home Fire Escape Plan will prepare your family to think fast and to get out quickly when a smoke alarm sounds. You may only have as little as two minutes to escape once the smoke alarm sounds! To make a plan for your home:

- Draw a map of your home. Show all doors and windows.
- Visit each room. Find two ways out.
- All windows and doors should open easily. You should be able to use them to get outside.
- Make sure your home has smoke alarms. Smoke alarms should be in each sleeping room, outside each sleeping area, and on every level of your home. Push the test button to make sure each alarm is working.
- Pick a meeting place outside. It should be in front of your home. Instruct everyone to meet there.
- Make sure your house or building number can be seen from the street.
- Talk about your plan with everyone in your home.
- Learn the emergency phone number for your fire department.
- Practice your home fire escape drill at least twice a year!



And remember, children don't always awake when the smoke alarm sounds. Know what your child will do before a fire occurs.

You can find more information on smoke alarms and escape planning at www.nfpa.org/factsheets.

"Reproduced from NFPA's Fire Prevention Week website, www.firepreventionweek.org. ©2012 NFPA."

Things to Do in October

Ambler Oktoberfest—Saturday, October 6, 2012 (21st annual) - 10AM to 5PM. Rain date: Sunday, October 7, 2012. Butler Avenue (from South Main Street to Lindenwold Avenue), in Ambler, PA. Ambler Oktoberfest event with artists, crafters, sculptors, leatherworks, woodworkers, live music, kids amusements, food and fun—a day-long family event!



Skippack Days—Saturday and Sunday - October 6 & 7, 2012 - 10AM to 6PM. Skippack Village, Skippack Pike, Skippack, PA 19474. The Annual Skippack Days event has been held in October for more than 40 years with arts and crafts vendors, food, entertainment and more.

Schuylkill River Festival—Saturday, October 13, 2012 - 11AM to 4PM. Riverfront Park & College Drive at Montgomery County Community College, West Campus - 101 College Drive, Pottstown, PA 19464. Free admission! Musical groups on stage all day, Horse & Carriage Rides, Skateboarding Demo, Wildlife Exhibit, Arts and Crafts' Children's Activities, Pony Rides, College Information, Great Food, Recreational Activities in the Park and River.



The Clover Market—Outdoor Art & Antiques Market. October 14, 2012 - 10AM to 4PM. Schaufele Plaza Municipal Parking Lot, 12 East Lancaster Avenue, Ardmore PA 19003. Clover is an upscale vintage outdoor market in Ardmore PA featuring original art, antiques, vintage jewelry and clothing, artisan crafts, and handmade items.

SAFETY SLOGANS:

ACCIDENT PREVENTION—YOUR NO. 1 INTENTION.

IT'S EASIER TO ASK A DUMB QUESTION THAN IT IS TO FIX A DUMB MISTAKE.

GOOD HOUSEKEEPING PREVENTS ACCIDENTS.

CAUTION: READ, THEN PROCEED.

UNPREPARED = UNSAFE.

UNNECESSARY RISKS MAY LEAVE YOU ON THE SIDELINES INSTEAD OF IN THE GAME.

